



### JANUARY

5-10		Men's Week ★
6	6-8 PM CT	Workshop: New Year, New You: New Year's Visioning ✨
14-15		MORE Life Training ✨
18	6:30-7:30 PM CT	Community Commencement ✨
18	8:15-10 PM CT	Men's Guild ★
20	6-8:30 PM CT	More Intimacy Training (MIT) ★
21-23		Year of MORE: Personal Power Weekend ★ +
27	6-8 PM CT	Workshop: Your Heart Knows the Way: 3 Steps for Success in Every Area of Your Life ✨
27-28		WGU Spring Orientation ★ +
29-30		WGU Spring Weekend Learning Session 1 ★ +

### FEBRUARY

3	7-8 PM CT	Energize Your Life, Ignite Your World Fundraiser ✨
10	6-8 PM CT	Workshop: Rockin' Relationships: How to Energize & Empower Every Relationship in 2022 ✨
11-13		Personal Emergence Process 1 (PEP1) ★ +
15	8:15-10 PM CT	Men's Guild ★
17	6-8:30 PM CT	More Intimacy Training (MIT) ★
18-19		Father/Daughter & Mother/Son Trainings ★
22	8:15-9:30 PM CT	SOFIA Overarching- Women Leaders: Be Authentic to Be Successful ◆
24	6-8 PM CT	Workshop: The Neuroscience of Purpose: How to Flourish and Thrive ✨
26-27		WGU Weekend Spring Learning Session 2 ★ +

### MARCH

10	6-8 AM CT	Being Based Leadership ★
10	6-8 PM CT	Workshop: Beyond Positive Thinking ✨
11-13		Personal Emergence Process 2 (PEP2) ★ +

### MARCH (CONTINUED)

11-13		Systems Introduction and Intervention ★
15	8:15-10 PM CT	Men's Guild ★
18-19		MORE Life Training ✨
24	6-8 PM CT	Workshop: The Power of Authenticity ✨
24	6-8:30 PM CT	More Intimacy Training (MIT) ★
26-27		WGU Spring Weekend Learning Session 3 ★ +
31	6-8 AM CT	Being Based Leadership ★

### APRIL

1-2		Men's Basic ★
7	6-8 PM CT	Take Charge Of Your Satisfaction: Avoiding the Drama Triangle Trap Evening Workshop ✨
12	8:15-9:30 PM CT	SOFIA Overarching- Spring Clean Your Friendships: Let Your Values Guide the Way ◆
14	6-8:30 PM CT	More Intimacy Training (MIT) ★
19	8:15-10 PM CT	Men's Guild ★
21	6-8 AM CT	Being Based Leadership ★
22-24		Year of MORE: Purposeful Living and Leadership Weekend ★ +
28	6-8 PM CT	Boost Your Emotional Intelligence Evening Workshop ✨
29-30		WGU Summer Orientation ★ +

### MAY

12	6-8 AM CT	Being Based Leadership ★
12	6-8 PM CT	Workshop: Purpose and Meaning in the Here and Now ✨
13-15		Woman's Essential Experience ◆
17	8:15-10 PM CT	Men's Guild ★
19	6-8:30 PM CT	More Intimacy Training (MIT) ★
21-22		WGU Summer Weekend Learning Session 2 ★ +

### LEGEND

- ✨ Open to all, no prerequisite. Register at [seievent.com/events](http://seievent.com/events) or email [hello@wrightfoundation.org](mailto:hello@wrightfoundation.org).
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- ★ Course registration and payment required. Contact [registrar@wrightfoundation.org](mailto:registrar@wrightfoundation.org) for information.
- + Wright Graduate University academic requirements. Consult the WGU Catalog for applicability to your particular program.



### MAY (CONTINUED)

24	8:15-9:30 PM CT	SOFIA Overarching- Celebration of Feminine Power ◆
26	6–8 PM CT	Workshop: The Neuroscience of Connecting ✨

### JUNE

2	6-8 AM CT	Being Based Leadership ★
3–5		MORE Life Training ✨
9	6–8 PM CT	Workshop: Being Kind to Yourself ✨
16	6-8:30 PM CT	More Intimacy Training (MIT) ★
19–26		Leadership Intensive Training ★
21	8:15-10 PM CT	Men’s Guild ★
23	6-8 AM CT	Being Based Leadership ★
30	6–8 PM CT	Workshop: Living with Resilience ✨

### JULY

9–10		WGU Summer Weekend Learning Session 3 ★+
14	6-8 AM CT	Being Based Leadership ★
14	6–8 PM CT	Workshop: Boost Your Emotional Intelligence ✨
15-16 (17)*		Father/Son & Mother/Daughter Training ★ (*17th added if in-person)
19	8:15-10 PM CT	Men’s Guild ★
21	6-8:30 PM CT	More Intimacy Training (MIT) ★
22–24		Year of More: Nourishment and Self Care ★+
28	6–8 PM CT	Workshop: Transformational Leadership ✨
28–30		WGU Fall Weekend Learning Session 1 ★+

### AUGUST

4	6-8 AM CT	Being Based Leadership ★
11	6–8 PM CT	Workshop: The Rules of Engagement ✨
12–14		Personal Emergence Process 1 (PEP1)★+
12–14		Vision in Action Training ★
12–14		Team Empowerment Training ★

### AUGUST (CONTINUED)

16	8:15-10 PM CT	Men’s Guild ★
16	8:15-9:30 PM CT	SOFIA Overarching- Being Awe-Inspired All the Time ◆
18		Men’s Leadership ★
19–21		Woman’s Essential Experience 2 ◆
25	6-8 AM CT	Being Based Leadership ★
25	6–8 PM CT	Workshop: Beyond Positive Thinking ✨
25	6-8:30 PM CT	More Intimacy Training (MIT) ★
27–28		WGU Fall Weekend Learning Session 2 ★+

### SEPTEMBER

1	6–8 PM CT	Workshop: Lead with Emotional Intelligence ✨
2–3		Family Adventure Weekend ★
9–11		MORE Life Training ✨
15	6-8 AM CT	Being Based Leadership ★
15	6-8:30 PM CT	More Intimacy Training (MIT) ★
16–18		Personal Emergence Process 2 (PEP2)★+
16–18		Conscious Living: Overcoming Soft Addictions Training ★
20	8:15-10 PM CT	Men’s Guild ★
20	8:15-9:30 PM CT	SOFIA Overarching- The Power of Breath ◆
22	6–8 PM CT	Workshop: Vision, Purpose, and Meaning in Everyday Life ✨
23–24		Men’s Basic ★

### OCTOBER

1–9		Pilgrimage ★
6	6-8 AM CT	Being Based Leadership ★
13	6–8 PM CT	Workshop: Being Kind to Yourself ✨
18	8:15-10 PM CT	Men’s Guild ★
20	6-8:30 PM CT	More Intimacy Training (MIT) ★
21–23		Year of MORE: Robust Relationships ★

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### OCTOBER (CONTINUED)

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26–27		WGU Orientation ★ +
27	6–8 AM CT	Being Based Leadership ★
27	6–8 PM CT	Workshop: TBD *
28–29		Group Process Training ★ +
29–30		WGU Winter Weekend Learning Session 1 ★ +

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### NOVEMBER

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4–6		MORE Life Training *
8	8:15–9:30 PM CT	SOFIA Overarching- The Power of Ritual ◆
10	6–8 PM CT	Workshop: Embrace Abundance: Banish Soft Addictions *
17	6–8 AM CT	Being Based Leadership ★
15	8:15–10 PM CT	Men's Guild ★
19–20		WGU Winter Weekend Learning Session 2 ★ +

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### DECEMBER

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1	6–8 PM CT	Workshop: TBD *
6	7:30–9:30 PM CT	Festival of Lights Community Celebration *
8	6–8 AM CT	Being Based Leadership ★
11	10:30 AM– 2:30 PM CT	SOFIA Holiday Celebration & Anniversary ◆
17–18		WGU Winter Weekend Learning Session ★ +
20	8:15–10 PM CT	Men's Guild ★
29	6–8 AM CT	Being Based Leadership ★

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