



AUGUST 2019

| | |
|-------|--|
| 1-2 | WGU Fall Orientation [W] + ★ |
| 3-4 | WGU Fall Residential 1 [W] + ★ |
| 6 | SOFIA Overarching [C] ◆ |
| 8 | Rules of Engagement Workshop [C] ✨ |
| 8 | More Intimacy Training (MIT) [C] ★ |
| 15-18 | Men's Leadership Mid-Year [C] ★ |
| 16-17 | Woman's Elemental Experience (WEE 2) [W] ★ |
| 22 | Mega Couples [C] ★ |
| 23-25 | Family Adventure Weekend [W] ★ |

SEPTEMBER 2019

| | |
|-------|---|
| 5 | More Intimacy Training (MIT) [C] ★ |
| 7-8 | WGU Fall Residential 2 [W] + ★ |
| 12 | 5:30-8pm WIIN: The Wonders of Influential, Intentional Networking [C] ✨ |
| 13-15 | More Life Weekend Training [C] ✨ |
| 17 | 8:15-9:30pm SOFIA Overarching [C] ◆ |
| 19 | Mega Couples [C] ★ |
| 27-29 | Human Development 1: Early Childhood [W] ★ |
| 27-29 | Conscious Living: Soft Addictions Training [W] ★ |

OCTOBER 2019

| | |
|-------|--|
| 3 | More Intimacy Training (MIT) [C] |
| 5-6 | WGU Fall Residential 3 [W] + ★ |
| 10 | 5:30-8pm Neuroscience of Connecting Workshop [C] ✨ |
| 11-13 | Men's Basic [W] ★ |
| 17 | Mega Couples [C] ★ |
| 22 | Community Graduation [C] ✨ |
| 25-27 | Year of More: Family and Intimacy [C] + ★ |
| 29 | 8:15-9:30pm SOFIA Overarching [C] ◆ |
| 30 | 5:30-8pm Magical Solutions [C] ✨ |

NOVEMBER 2019

| | |
|------------|---|
| 10/31-11/1 | WGU Winter Orientation [W] + ★ |
| 2-3 | WGU Winter Residential 1 [W] + ★ |
| 8-10 | More Life Weekend Training [C] ✨ |
| 14 | Mega Couples [C] ★ |
| 14 | More Intimacy Training (MIT) [C] ✨ |
| 15-17 | Encounter Leadership [location TBD] + ★ |
| 22-12/1 | Pilgrimage to Greece ★ |

DECEMBER 2019

| | |
|-----|--|
| 5 | Energize Your Life, Ignite Your World Breakfast, University Club [C] ✨ |
| 7-8 | WGU Winter Residential 2 [W] + ★ |
| 8 | SOFIA Holiday Celebration [W] ◆ |
| 10 | Wright Community Holiday Celebration [C] ✨ |
| 12 | Mega Couples [C] ★ |

JANUARY 2020

| | |
|-------|---|
| 2 | 5:30-8pm New Year Visioning Workshop [C] ✨ |
| 4-5 | WGU Winter Residential 3 [W] + ★ |
| 9 | Mega Couples [C] ★ |
| 10-12 | More Life Weekend Training [C] ✨ |
| 14 | 8:15-9:30pm SOFIA Overarching [C] ◆ |
| 15-20 | Men's Week [C] ★ |
| 21 | Community Graduation [C] ✨ |
| 23 | 6-8:30pm More Intimacy Training (MIT) [C] ★ |
| 24-26 | Year of More: Personal Power [C] + ★ |
| 30-31 | WGU Spring Orientation [W] + ★ |

FEBRUARY 2020

| | |
|-----|---|
| 1-2 | WGU Spring Residential 1 [W] + ★ |
| 6 | Mega Couples [C] ★ |
| 6 | 5:30-8pm Rockin' Relationships Workshop [C] ✨ |
| 13 | 6-8:30pm More Intimacy Training (MIT) [C] ★ |

LEGEND

- ✨ Open to all, no prerequisite. Register at wrightfoundation.org or hello@wrightliving.com.
- ◆ Open to all women, no prerequisite. Register at wrightfoundation.org or hello@wrightliving.com.
- ★ Course registration and payment required. Contact registrar@wrightfoundation.org for information.
- + Wright Graduate University academic requirements. Consult the WGU Catalog for applicability to your particular program.

LOCATIONS

- [W] Held at the Wright Graduate University Campus, N7698 County Highway H, Elkhorn, WI
- [C] Held in Chicago, Wright Hub, 445 E. Ohio, Suite 340, or off-site location TBD.



FEBRUARY 2020 (CONT'D)

| | |
|-------|---|
| 14-16 | Father/Young Daughter & Mother/Young Son Trainings [W] ★ |
| 21-23 | Personal Emergence Process 1 (PEP 1) [W] + ★ |
| 21-23 | Systems Introduction and Intervention [W] ★ |

MARCH 2020

| | | |
|-------|-------------|---|
| 3 | 8:15-9:30pm | SOFIA Overarching [C] ◆ |
| 5 | | Mega Couples [C] ★ |
| 7-8 | | WGU Spring Residential 2 [W] + ★ |
| 12 | 6-8:30pm | More Intimacy Training (MIT) [C] ★ |
| 19 | 5:30-8pm | Evening Workshop (Topic TBD) [C] ✨ |
| 20-22 | | Human Development 1: Early Childhood [W] ★ |
| 20-22 | | Personal Emergence Process 2 [W] + ◆ |
| 27-29 | | More Life Weekend Training [C] ✨ |

APRIL 2020

| | | |
|----------|-------------|--|
| 2 | | Mega Couples [C] ★ |
| 4-5 | | WGU Spring Residential 3 [W] + ★ |
| 9 | 6-8:30pm | More Intimacy Training (MIT) [C] ★ |
| 14 | 8:15-9:30pm | SOFIA Overarching [C] ◆ |
| 16 | 5:30-8pm | Evening Workshop (Topic TBD) [C] ✨ |
| 17-19 | | Father/Young Son & Mother/Young Daughter Trainings [W] ★ |
| 21 | | Community Graduation [C] ✨ |
| 24-26 | | Year of More: Purposeful Living & Spiritual Development [C] + ★ |
| 30 | | Mega Couples [C] ★ |
| 4/30-5/1 | | WGU Summer Orientation [W] + ★ |

MAY 2020

| | | |
|-----|----------|---|
| 1-3 | | Principled Leadership [W] + ★ Group Process Leadership [C] ★ |
| 2-3 | | WGU Summer Residential 1 [W] + ★ |
| 7 | 6-8:30pm | More Intimacy Training (MIT) [C] ★ |

MAY 2020 (CONT'D)

| | | |
|-------|-------------|---|
| 15-17 | | Women's Essential Experience (WEE) [W] ★ |
| 21 | 5:30-8pm | Power of Authenticity Workshop [C] ✨ |
| 21 | | Mega Couples [C] ★ |
| 26 | 8:15-9:30pm | SOFIA Overarching [C] ◆ |

JUNE 2020

| | | |
|-------|----------|---|
| 4 | 5:30-8pm | Evening Workshop (Topic TBD) [C] ✨ |
| 4 | 6-8:30pm | More Intimacy Training (MIT) [C] ★ |
| 5-7 | | More Life Weekend Training [C] ✨ |
| 6-7 | | WGU Summer Residential 2 [W] + ★ |
| 18 | | Mega Couples [C] ★ |
| 21-28 | | Leadership Intensive [W] ★ |

JULY 2020

| | | |
|-------|-------------|--|
| 7 | 8:15-9:30pm | SOFIA Overarching [C] ◆ |
| 9 | 6-8:30pm | More Intimacy Training (MIT) [C] ★ |
| 11-12 | | WGU Summer Residential 3 [W] + ★ |
| 11 | 5:30-8pm | Emotional Intelligence Workshop [C] ✨ |
| 16 | | Mega Couples [C] ★ |
| 17-19 | | Team Empowerment [W] ★ |
| 17-19 | | Vision in Action [W] ★ |
| 17-19 | | Personal Emergence Process (PEP) 3 or 4 (TBD) [W] ★ |
| 21 | | Community Graduation [C] ✨ |
| 24-26 | | Year of More: Nourishment and Self-Care [C] + ★ |
| 30 | 5:30-8pm | Evening Workshop (Topic TBD) [C] ✨ |
| 30-31 | | WGU Fall Orientation [W] + ★ |

AUGUST 2020

| | | |
|-------|----------|--|
| 1-2 | | WGU Fall Residential 1 [W] + ★ |
| 6 | 6-8:30pm | More Intimacy Training (MIT) [C] ★ |
| 6-8 | | Family Adventure Weekend [W] ★ |
| 13-16 | | Men's Leadership Mid-Year [C] ★ |
| 14-15 | | Woman's Elemental Experience (WEE2) [W] ★ |

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AUGUST 2020 (CONT'D)

| | | |
|-------|-------------|---|
| 18 | 8:15-9:30pm | SOFIA Overarching [C] ◆ |
| 20 | | Mega Couples [C] ★ |
| 21-23 | | Human Development 2: Adolescent & Adult Development [W] ★ |
| 21-23 | | Rematrixing 2: Advanced Cognitive Restructuring [W] ★ |
| 27 | 5:30-8pm | Evening Workshop (Topic TBD) [C] ✨ |
| 29-30 | | WGU Fall Residential 2 [W] + ★ |

SEPTEMBER 2020

| | | |
|-------|-------------|------------------------------------|
| 10 | | Mega Couples [C] ★ |
| 11-13 | | More Life Weekend Training [C] ✨ |
| 17 | 6-8:30pm | More Intimacy Training (MIT) [C] ★ |
| 24 | 5:30-8pm | Evening Workshop (Topic TBD) [C] ✨ |
| 29 | 8:15-9:30pm | SOFIA Overarching [C] ◆ |

OCTOBER 2020

| | | |
|-------|----------|--|
| 2-11 | | Pilgrimage Option A (if not Nov 27 - Dec 6) |
| 3-4 | | WGU Fall Residential 3 [W] + ★ |
| 8 | | Mega Couples [C] ★ |
| 9-11 | | 3rd Trimester Lab Weekend Option A (if Pilgrimage is in Nov) |
| 15 | 5:30-8pm | Evening Workshop (Topic TBD) [C] ✨ |
| 16-18 | | Men's Basic [W] ★ |
| 20 | | Community Graduation [C] ✨ |
| 22 | 6-8:30pm | More Intimacy Training (MIT) [C] ★ |
| 23-26 | | Year of More: Family and Intimacy [C] + ★ |

NOVEMBER 2020

| | | |
|-------|-------------|----------------------------------|
| 5 | | Mega Couples [C] ★ |
| 5-6 | | WGU Winter Orientation [W] + ★ |
| 7-8 | | WGU Winter Residential 1 [W] + ★ |
| 10 | 8:15-9:30pm | SOFIA Overarching [C] ◆ |
| 13-15 | | More Life Weekend Training [C] ✨ |

NOVEMBER 2020 (CONT'D)

| | | |
|----------|----------|--|
| 19 | 5:30-8pm | Creating a Nourishing Holiday [C] ✨ |
| 19 | 6-8:30pm | More Intimacy Training (MIT) [C] ✨ |
| 20-22 | | 3rd Trimester Lab Weekend Option B (if Pilgrimage is in Oct) |
| 27-Dec 6 | | Pilgrimage Option B (if not Oct 2-11) |

DECEMBER 2020

| | | |
|-----|--|--|
| 3 | | Mega Couples [C] ★ |
| 5-6 | | WGU Winter Residential 2 [W] + ★ |
| 10 | | Energize Your Life, Ignite Your World Breakfast, University Club [C] ✨ |
| 13 | | SOFIA Anniversary & Holiday Celebration [W] ◆ |
| 15 | | Wright Community Holiday Celebration [C] ✨ |

JANUARY 2021

| | | |
|-------|--|--------------------------------------|
| 2-3 | | WGU Winter Residential 3 [W] + ★ |
| 7 | | Mega Couples [C] ★ |
| 8-10 | | More Life Weekend Training [C] ✨ |
| 13-18 | | Men's Week [C] ★ |
| 22-24 | | Year of More: Personal Power [C] + ★ |

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