



AUGUST 2019

1-2	WGU Fall Orientation [W] + ★
3-4	WGU Fall Residential 1 [W] + ★
6	SOFIA Overarching [C] ◆
8	Rules of Engagement Workshop [C] ✨
8	More Intimacy Training (MIT) [C] ★
15-18	Men's Leadership Mid-Year [C] ★
16-17	Woman's Elemental Experience (WEE 2) [W] ★
22	Mega Couples [C] ★
23-25	Family Adventure Weekend [W] ★

SEPTEMBER 2019

5	More Intimacy Training (MIT) [C] ★
7-8	WGU Fall Residential 2 [W] + ★
12	5:30-8pm WIIN: The Wonders of Influential, Intentional Networking [C] ✨
13-15	More Life Weekend Training [C] ✨
17	8:15-9:30pm SOFIA Overarching [C] ◆
19	Mega Couples [C] ★
27-29	Human Development 1: Early Childhood [W] ★
27-29	Conscious Living: Soft Addictions Training [W] ★

OCTOBER 2019

3	More Intimacy Training (MIT) [C]
5-6	WGU Fall Residential 3 [W] + ★
10	5:30-8pm Neuroscience of Connecting Workshop [C] ✨
11-13	Men's Basic [W] ★
17	Mega Couples [C] ★
22	Community Graduation [C] ✨
25-27	Year of More: Family and Intimacy [C] + ★
29	8:15-9:30pm SOFIA Overarching [C] ◆
30	5:30-8pm Magical Solutions [C] ✨

NOVEMBER 2019

10/31-11/1	WGU Winter Orientation [W] + ★
2-3	WGU Winter Residential 1 [W] + ★
8-10	More Life Weekend Training [C] ✨
14	Mega Couples [C] ★
14	More Intimacy Training (MIT) [C] ✨
15-17	Encounter Leadership [location TBD] + ★
22-12/1	Pilgrimage to Greece ★

DECEMBER 2019

5	Energize Your Life, Ignite Your World Breakfast, University Club [C] ✨
7-8	WGU Winter Residential 2 [W] + ★
8	SOFIA Holiday Celebration [W] ◆
10	Wright Community Holiday Celebration [C] ✨
12	Mega Couples [C] ★

JANUARY 2020

2	5:30-8pm New Year Visioning Workshop [C] ✨
4-5	WGU Winter Residential 3 [W] + ★
9	Mega Couples [C] ★
10-12	More Life Weekend Training [C] ✨
14	8:15-9:30pm SOFIA Overarching [C] ◆
15-20	Men's Week [C] ★
21	Community Graduation [C] ✨
23	6-8:30pm More Intimacy Training (MIT) [C] ★
24-26	Year of More: Personal Power [C] + ★
30-31	WGU Spring Orientation [W] + ★

FEBRUARY 2020

1-2	WGU Spring Residential 1 [W] + ★
6	Mega Couples [C] ★
6	5:30-8pm Rockin' Relationships Workshop [C] ✨
13	6-8:30pm More Intimacy Training (MIT) [C] ★

LEGEND

- ✨ Open to all, no prerequisite. Register at wrightfoundation.org or hello@wrightliving.com.
- ◆ Open to all women, no prerequisite. Register at wrightfoundation.org or hello@wrightliving.com.
- ★ Course registration and payment required. Contact registrar@wrightfoundation.org for information.
- + Wright Graduate University academic requirements. Consult the WGU Catalog for applicability to your particular program.

LOCATIONS

- [W] Held at the Wright Graduate University Campus, N7698 County Highway H, Elkhorn, WI
- [C] Held in Chicago, Wright Hub, 445 E. Ohio, Suite 340, or off-site location TBD.



FEBRUARY 2020 (CONT'D)

21-23	Personal Emergence Process 1 (PEP 1) [W] + ★
21-23	Systems Introduction and Intervention [W] ★

MARCH 2020

3	8:15-9:30pm	SOFIA Overarching [C] ◆
5		Mega Couples [C] ★
7-8		WGU Spring Residential 2 [W] + ★
12	6-8:30pm	More Intimacy Training (MIT) [C] ★
19	5:30-8pm	Evening Workshop (Topic TBD) [C] *
20-22		Human Development 1: Early Childhood [W] ★
20-22		Personal Emergence Process 2 [W] + ◆
27-29		More Life Weekend Training [C] *

APRIL 2020

2		Mega Couples [C] ★
4-5		WGU Spring Residential 3 [W] + ★
9	6-8:30pm	More Intimacy Training (MIT) [C] ★
14	8:15-9:30pm	SOFIA Overarching [C] ◆
16	5:30-8pm	Evening Workshop (Topic TBD) [C] *
17-19		Mother/Young Son & Father/Young Daughter Trainings [W] ★
21		Community Graduation [C] *
24-26		Year of More: Purposeful Living & Spiritual Development [C] + ★
30		Mega Couples [C] ★
4/30-5/1		WGU Summer Orientation [W] + ★

MAY 2020

1-3		Principled Leadership [W] + ★ Group Process Leadership [C] ★
2-3		WGU Summer Residential 1 [W] + ★
7	6-8:30pm	More Intimacy Training (MIT) [C] ★
15-17		Women's Essential Experience (WEE) [W] ★
21	5:30-8pm	Power of Authenticity Workshop [C] *

MAY 2020 (CONT'D)

21		Mega Couples [C] ★
26	8:15-9:30pm	SOFIA Overarching [C] ◆
29-31		Mother/Young Daughter & Father/Young Son Trainings [W] ★

JUNE 2020

4	5:30-8pm	Evening Workshop (Topic TBD) [C] *
4	6-8:30pm	More Intimacy Training (MIT) [C] ★
6-7		WGU Summer Residential 2 [W] + ★
12-14		More Life Weekend Training [C] *
18		Mega Couples [C] ★
21-28		Leadership Intensive [W] ★

JULY 2020

7	8:15-9:30pm	SOFIA Overarching [C] ◆
9	6-8:30pm	More Intimacy Training (MIT) [C] ★
11-12		WGU Summer Residential 3 [W] + ★
11	5:30-8pm	Emotional Intelligence Workshop [C] *
16		Mega Couples [C] ★
17-19		Team Empowerment [W] ★
17-19		Vision in Action [W] ★
17-19		Personal Emergence Process (PEP) 3 or 4 (TBD) [W] ★
21		Community Graduation [C] *
24-26		Year of More: Nourishment and Self-Care [C] + ★
30	5:30-8pm	Evening Workshop (Topic TBD) [C] *
30-31		WGU Fall Orientation [W] + ★

AUGUST 2020

1-2		WGU Fall Residential 1 [W] + ★
6	6-8:30pm	More Intimacy Training (MIT) [C] ★
7-8		Family Adventure Weekend [W] ★
13-16		Men's Leadership Mid-Year [C] ★
14-15		Woman's Elemental Experience (WEE2) [W] ★
18	8:15-9:30pm	SOFIA Overarching [C] ◆

LEGEND

- * Open to all, no prerequisite. Register at wrightfoundation.org or hello@wrightliving.com.
- ◆ Open to all women, no prerequisite. Register at wrightfoundation.org or hello@wrightliving.com.
- ★ Course registration and payment required. Contact registrar@wrightfoundation.org for information.
- + Wright Graduate University academic requirements. Consult the WGU Catalog for applicability to your particular program.

LOCATIONS

- [W] Held at the Wright Graduate University Campus, N7698 County Highway H, Elkhorn, WI
- [C] Held in Chicago, Wright Hub, 445 E. Ohio, Suite 340, or off-site location TBD.



AUGUST 2020 (CONT'D)

20		Mega Couples [C] ★
21–23		Human Development 2: Adolescent & Adult Development [W] ★
21–23		Rematrixing 2: Advanced Cognitive Restructuring [W] ★
27	5:30–8pm	Evening Workshop (Topic TBD) [C] ✨
29–30		WGU Fall Residential 2 [W] + ★

SEPTEMBER 2020

10		Mega Couples [C] ★
11–13		More Life Weekend Training [C] ✨
17	6-8:30pm	More Intimacy Training (MIT) [C] ★
24	5:30–8pm	Evening Workshop (Topic TBD) [C] ✨
29	8:15–9:30pm	SOFIA Overarching [C] ◆

OCTOBER 2020

2-11		Pilgrimage Option A (if not Nov 27 - Dec 6)
3–4		WGU Fall Residential 3 [W] + ★
8		Mega Couples [C] ★
9-11		3rd Trimester Lab Weekend Option A (if Pilgrimage is in Nov)
15	5:30–8pm	Evening Workshop (Topic TBD) [C] ✨
16–18		Men's Basic [W] ★
20		Community Graduation [C] ✨
22	6-8:30pm	More Intimacy Training (MIT) [C] ★
23–26		Year of More: Family and Intimacy [C] + ★

NOVEMBER 2020

5		Mega Couples [C] ★
5–6		WGU Winter Orientation [W] + ★
7–8		WGU Winter Residential 1 [W] + ★
10	8:15-9:30pm	SOFIA Overarching [C] ◆
13–15		More Life Weekend Training [C] ✨
19	5:30–8pm	Creating a Nourishing Holiday [C] ✨

NOVEMBER 2020 (CONT'D)

19	6-8:30pm	More Intimacy Training (MIT) [C] ✨
20-22		3rd Trimester Lab Weekend Option B (if Pilgrimage is in Oct)
27-Dec 6		Pilgrimage Option B (if not Oct 2-11)

DECEMBER 2020

3		Mega Couples [C] ★
5–6		WGU Winter Residential 2 [W] + ★
10		Energize Your Life, Ignite Your World Breakfast, University Club [C] ✨
13		SOFIA Anniversary & Holiday Celebration [W] ◆
15		Wright Community Holiday Celebration [C] ✨

JANUARY 2021

2-3		WGU Winter Residential 3 [W] + ★
7		Mega Couples [C] ★
8-10		More Life Weekend Training [C] ✨
13-18		Men's Week [C] ★
22-24		Year of More: Personal Power [C] + ★

LEGEND

- ✨ Open to all, no prerequisite. Register at wrightfoundation.org or hello@wrightliving.com.
- ◆ Open to all women, no prerequisite. Register at wrightfoundation.org or hello@wrightliving.com.
- ★ Course registration and payment required. Contact registrar@wrightfoundation.org for information.
- + Wright Graduate University academic requirements. Consult the WGU Catalog for applicability to your particular program.

LOCATIONS

- [W] Held at the Wright Graduate University Campus, N7698 County Highway H, Elkhorn, WI
- [C] Held in Chicago, Wright Hub, 445 E. Ohio, Suite 340, or off-site location TBD.